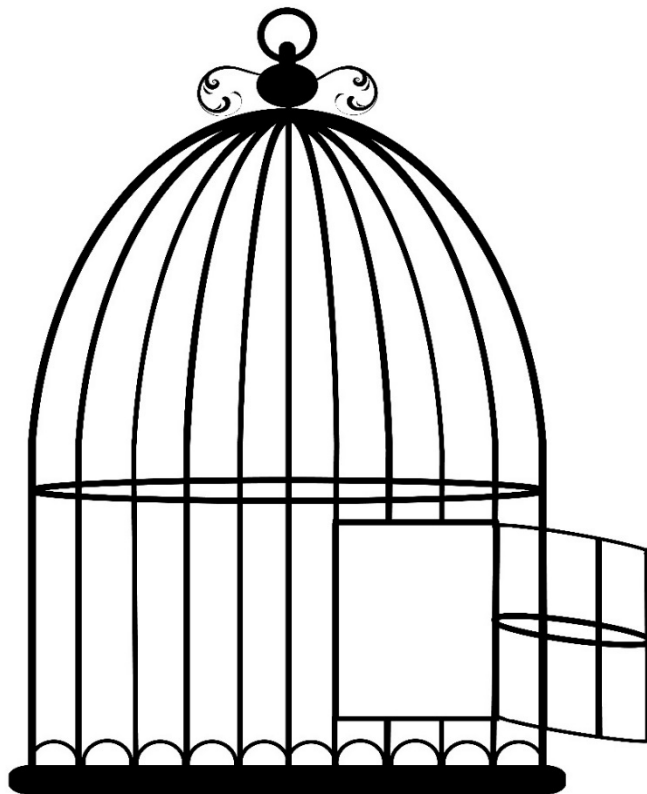




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You can change your **life!**



**ThetaHealing®**

**Sessions and Seminars**

**Spring/Summer 2018**

Contact: Bridget Birgit Golms - Mobile 0049 173 6610715 (WhatsApp/Viber)

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## You can change your **life!**

Would you like to know how to change your life for the better? How to reconnect with yourself? Then you should get to know ThetaHealing®. ThetaHealing is an energetic healing method and life changing modality!

With the ThetaHealing Technique it is possible to clear limiting beliefs or blocks which are preventing you from living the life you desire. Self-healing powers are activated.

### **About ThetaHealing®**

ThetaHealing is an energetic healing method that uses quantum physics to access healing energy and vibrations. It works in all areas of life - be it job, love or health. The ThetaHealing technique is simple and profound at the same time. ThetaHealing was created by Vianna Stibal in 1995 during her own personal journey back to health. The ThetaHealing technique is a meditation technique and spiritual philosophy. It supports personal growth and transformation – and creates a positive lifestyle.

ThetaHealing is now practiced in more than 170 countries. The books are published by Hay House, translated into over 22 languages and the fan base worldwide is growing.

### **About me**

I am a certified ThetaHealing® Practitioner and ThetaHealing® Instructor. I give ThetaHealing sessions and ThetaHealing seminars in English and German, in Dublin and Berlin. I have a professional background in journalism and communication. Twice in my life I was close to burnout until I woke up and changed my life. Through ThetaHealing® my life has made a real quantum leap - I have experienced the positive effect myself. I pass on this knowledge and experience in sessions and seminars. I work internationally.

### **Sessions in English and German**

Session 30 minutes = 50,00 EUR

Session 60 minutes = 90,00 EUR

Session 90 minutes = 120,00 EUR

I offer ThetaHealing® in the form of single sessions as well as remote healing via skype or telephone. It works over any distance.

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## *Seminars Spring/Summer 2018*

| <i>What</i>                 | <i>When</i>                    | <i>Where</i>   |
|-----------------------------|--------------------------------|----------------|
| <i>Soul Mate-Seminar</i>    | <i>20. - 21. January 2018</i>  | <i>Berlin</i>  |
| <i>Basic DNA-Seminar</i>    | <i>10. - 12. February 2018</i> | <i>Dublin*</i> |
| <i>Advanced DNA-Seminar</i> | <i>16. - 18. February 2018</i> | <i>Dublin*</i> |
| <i>Basic DNA-Seminar</i>    | <i>21. - 23. April 2018</i>    | <i>Berlin</i>  |
| <i>Advanced DNA-Seminar</i> | <i>29. April - 1. May 2018</i> | <i>Berlin</i>  |
| <i>Soul Mate-Seminar</i>    | <i>9. - 10. June 2018</i>      | <i>Dublin*</i> |
| <i>Basic DNA-Seminar</i>    | <i>15. - 17. June 2018</i>     | <i>Dublin*</i> |

*\* Seminars in Dublin: Please find a description in English on the following pages!  
ThetaHealing Intros in Dublin coming up soon!  
Please get in touch if you have any questions!*

### **You want to book a session or a seminar?**

If you would like to book a session or a seminar, please send an E-Mail or a text message via SMS, WhatsApp or Viber, leaving your number and E-Mail and I will get back to you as soon as possible. E-Mail: [info@theta-bridge.com](mailto:info@theta-bridge.com), Mobile: 0049 173 6610715 (WhatsApp, Viber).

*Much Love*

*Bridget☺*

P.S. Would you like to be informed about upcoming ThetaHealing events? Subscribe to my newsletter by sending an email to: [info@theta-bridge.com](mailto:info@theta-bridge.com). Thank you!



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## ThetaHealing® Basic DNA-Seminar in Dublin

**February : 10. – 12. February 2018 (3 days) and**

**June: 15. – 17. June 2018 (3 days)**

**Each day from 10 a.m. – 5.30 p.m. (including two coffee breaks and a lunch break)**

If you are interested in ThetaHealing and you want to learn this life changing modality yourself, then the Basic DNA course is the entry into the world of ThetaHealing. The "Basic DNA" seminar introduces the ThetaHealing technique and ThetaHealing philosophy.

The heart of this seminar is the practice of techniques that allow you to change life patterns held in place by core, genetic, historic and soul beliefs. You will learn to identify your own beliefs as well as to practice pulling them for others in the seminar. This practice can quickly reveal systems of belief, showing the body how to replace limiting beliefs or feelings with positive ones. Other topics and exercises include:

- Why we create things in our lives and what we learn from them
- How to create your own reality by manifesting
- How to balance your moods
- How to do a reading or a body scan
- How to get rid of radiations or external energies
- How you connect to the highest source and unconditional love
- ... and much more

With your new knowledge and skills, you can positively change any area of life – whether in work, love or health. The seminar brings you in touch with yourself, your soul and your intuition. Your self-healing powers and your DNA are activated.

### **Certification**

The Basic DNA and Advanced DNA are the two basic seminars that will give you the main tools to start as a ThetaHealer. At the end of the Basic DNA (3 days), you receive a certificate from Vianna Stibal's THInK Institute of Knowledge®, which allows you to practice as ThetaHealing® Basic DNA Practitioner.

Prerequisites: None

Seminar Includes: ThetaHealing® Book, ThetaHealing® Manual and Refreshments

Investment in Yourself: Total 500 Euro (100,00 Euro deposit with registration, the rest payable by 15 days before the start of the seminar. Refresher: 30 Percent (of the total cost).

Location: Central Hotel, Dublin, Ireland (Central Hotel reserved some bedrooms for participants of my seminar. Please get in touch if you are interested.)

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## ThetaHealing® Advanced DNA-Seminar in Dublin

**Duration: 16. – 18. February 2018 (3 days)**

**Each day from 10 a.m. – 5.30 p.m. (including two coffee breaks and a lunch break)**

The ThetaHealing Advanced DNA is the second part of the basic training in ThetaHealing. Based on the knowledge gained from the Basic DNA Seminar, you will learn more techniques to change your life.

You will learn how to refine your abilities to track beliefs through the "digging" technique. You learn how to create feelings or "download" feelings. You will discover how to heal with the "Baby in the Womb" exercise. Other topics and exercises include:

- How you liberate yourself from oaths, vows, and promises that hold you back
- How to ground yourself
- How to clear spaces and places energetically
- How to heal a broken heart
- ... and much more

This seminar is a delightful experience as you are filled with many new and positive feelings such as knowing how to appreciate the now and what self acceptance feels like. You will receive a lot of downloads during the seminar, which will raise your skills as ThetaHealer and your life to a new level. You get deep insights into the seven planes of existence, the ThetaHealing philosophy, that will change your view of the world forever.

### **Certification**

With the completion of the Advanced Practitioner Seminar, you would have developed a strong foundation in the basics of ThetaHealing. At the end of the seminar you will receive a certificate from Vianna Stibal's THINK Institute of Knowledge®, which allows you to practice as ThetaHealing® Advanced DNA Practitioner.

Seminar Includes: Advanced ThetaHealing® Book, Manual and Refreshments

Prerequisites: Basic DNA

Investment in Yourself: Total 500 Euro (100,00 Euro deposit with registration, the rest payable by 15 days before the start of the seminar. Refresher: 30 Percent (of the total cost).

Location: Central Hotel, Dublin, Ireland (Central Hotel reserved some bedrooms for participants of my seminar. Please get in touch, if you are interested.)

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## ThetaHealing® Soul Mate -Seminar in Dublin

**Duration: 9. – 10. June 2018 (2 days)**

**Each day from 10 a.m. – 6 p.m. (including 2 coffee breaks and a lunch break)**

The Soul Mate-Seminar is about romantic love and a fulfilling relationship. The seminar goes more in-depth on clearing the beliefs and fears surrounding love or finding your soul mate.

This course is a wonderful way to find out what it is you are truly looking for in a partner and attract that beautiful energy to you without even looking for it! Come discover what your relationship is missing, let us help you find your self-confidence, soul mate or just help rekindle that old spark again. The seminar is for singles as well as for couples who want to experience a new level of love. Topics and exercises include:

- What is a soulmate?
- How to recognize him or her?
- What is a "twin flame"?
- How you "manifest" a soul mate into your life or "awaken" those qualities in your present relationship
- How to release your energetic commitment to a past relationship
- How to completely transform yourself through belief work on topics including sex and self-image
- ... and much more!

You will also get a lot of powerful "downloads" regarding love and relationships.

A quote from Vianna Stibal, who created this seminar: " 'Remember' love is everywhere, but without being completely open or aware to everything around us, it can easily pass us by without even knowing it!"

### **Certification**

At the end of the Soul Mate-Seminar, you receive a certificate from Vianna Stibal's THInK Institute of Knowledge®.

Prerequisites: Basic DNA-Seminar and Advanced DNA-Seminar

Seminar Includes: ThetaHealing® Soul Mate Book and Refreshments

Investment: Total 380 Euro (100,00 Euro deposit with registration, the rest payable by 15 days before the start of the seminar)

Location: Central Hotel, Dublin, Ireland (Central Hotel reserved some bedrooms for participants of my seminar. Please get in touch, if you are interested.)

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*"Go confidently  
in the direction of your dreams.  
Live the life you have imagined."  
- Henry David Thoreau -*

